



HealthAdvocate™

# Help is Only a Phone Call Away

Top Reasons to Call Us...  
866.799.2728

## Healthcare Help

### Find the right doctors

We'll also locate the right hospitals, dentists and other leading healthcare providers anywhere in the country.

### Schedule appointments

We can help expedite the earliest appointments with providers including hard-to-reach specialists and arrange treatments and tests.

### Get cost estimates

You'll receive estimates of common medical procedures in your area to help you make informed decisions.

### Help resolve insurance claims

Our experts get to the bottom of your issue to assist with negotiating billing and payment arrangements.

## EAP+Work/Life

### Licensed experts available

Receive assistance for marital relationships, family/parenting issues, work conflicts, stress or anxiety.

### Address drug and alcohol abuse

A professional counselor can make a referral for in-depth, long-term help.

### Eldercare and Childcare

We can find resources including in-home care, assisted living and nursing homes; daycare and summer programs.

### Financial, Legal, Identity Theft

We locate experts to assist with budgeting, debt management, estate planning and fraud recovery.

...and much more

## Just Call One Number

Your Health Advocate benefit is paid by your employer or plan sponsor and covers eligible employees, their spouses, dependent children, parents and parents-in-law.

 866.799.2728  [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

In a crisis, emergency help is available 24/7

**Independent. Confidential. Convenient.** Health Advocate is not affiliated with any insurance or third party provider. Health Advocate does not replace health insurance coverage, provide medical care or recommend treatment.

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HealthAdvocate™  
Always at your side